

# Fresh Sheet

July 10 to 19, 2009

## Swingin' in the Park

July 3 - August 28  
Starting July 3rd, Fat City Swing will be dancing at the new Spirit Square in Douglas Park from 7:00pm - sundown. Join us this summer for nine-weeks of outdoor fun!

## Downtown Langley ~ Free Entertainment

July 11—1 to 4 pm  
Warren Nipp performing from. 201st & Fraser Hwy

## International Soccer Tournament

July 11  
Adults from across the Lower Mainland and Metro Vancouver areas are representing more than 18 countries. They will play in this competition to celebrate their culture in the Langley community as part of the festival fanfare.



## Great Rides - Countryside, Caribbean music and the Golden Ears Bridge.

July 12  
Bike over the new bridge between Langley and Maple Ridge or stay close to home and bike the shorter ride through Fort Langley Village and Walnut Grove. Registration will be at the Fort National Historic Site where the ride will also end; participants will pick up their participation package and have a chance to explore the National Historic Fort. Along the ride, participants will have the opportunity to experience an outdoor artisans market at the Little White House. The LWH Artisans Market along with the Fort Langley Artisans Market will include fresh baked goods, locally made art and jewelry as well as fresh grown fruits and vegetables.



## For the Birds - Campbell Valley Visitor Centre

July 12  
Drop in to the Campbell Valley Visitor Centre on weekends and holidays from 1 to 4 PM until Sept 7, for free family activities this summer. Local stewardship groups will provide interactive displays to help celebrate the parks 30th Anniversary.

## Langley Community Farmers Market

July 15  
More than 25 vendors that MAKE IT, BAKE IT & GROW IT! Fresh food directly from the people who PRODUCE IT! Wednesdays from July 8 - October 7th from 3 - 7 @ the Kwantlen University Parking lot.



## BC Renaissance Festival

July 17-19  
Come experience the 3rd Annual BC Renaissance Festival! Shop the marketplace, enjoy the stage performers, and spend some time with the characters of Steller's Grove. Thrill to the excitement of the Joust and join us in song at the end of the day. Come for the day, or visit us all three days, and immerse yourself in the 16th century!



Location: Aldor Acres Farm, 24990 84th Ave, Langley, BC  
Admission: Adults \$12, Children/Seniors \$7

## Native Dancers at Tribal Spirit Gallery. The K'omoks First Nation K'umugwe Dancers

July 18  
Appearing live at Tribal Spirit Gallery for an afternoon of cultural interaction, Andy Everson and the K'umugwe Dancers. Through song and dance, the K'umugwe dancers weave the roots of their ancestors and beliefs through stories upheld by a long tradition of oral history telling. Saturday from 1-4 pm. Tribal Spirit Gallery, 20435 Fraser Hwy, Langley



## Farmer's Feast

July 19  
Krause Berry Farms will host the annual Farmer's Feast featuring a wonderful array of locally produced food and other agricultural products. Head out to the country for fresh air & succulent berries, locally produced berry & vegetable products, tasty turkey meat products, decadent chocolates, award winning local wines, and luxurious spa products. Taste & Experience Farm Fresh! 11am - 2pm

